



Dawnbreaker
The Newsletter of
AAUW Maine
Fall 2013
Volume 60, Number 1



President's Message

From Betty-Jane Meader

Attending an AAUW National Convention is inspiring! Thank you for giving Lindsey LaChance and me the opportunity to represent AAUW of Maine.

For me, the week began with a reception at the Newcomb Center at Tulane University on Saturday. National Archivist Suzanne Gould prepared an exhibit featuring the AAUW National

Convention in New Orleans in 1929. Southern hors d'oeuvres delighted our palette as we networked with national board members and state presidents. That evening, Lindsey and I dined at Remoulade, a favorite local restaurant in the French Quarter.



On Sunday, I attended an eight-hour Conference of State Presidents, which planted seeds of leadership. Two dynamic national office staff members facilitated the conference: Stephanie Kraemer, program manager, and Deepti Gudipati, member leadership program director. First, they discussed the lay of the land, our time together that day.

Then, we began tilling the soil, which involved a discussion of the purpose and goals of the AAUW state structure. Next, we dealt with the weeds, declining membership and the difficulty of filling board positions, and where these issues "stem" from. Possible solutions to increasing membership included recognizing first-time attendees at state conventions, inviting national members (c. 200 in Maine) to state and/or branch events, creating branch websites (in addition to our state website maintained by Bets Brown) and Facebook pages, and implementing a mentoring program by matching a new member with a current member with similar interests.

Solutions to filling board positions included praising future leaders on what they seem to be doing well and simply asking members to serve.

The third step was showing off our best blooms. State presidents shared their best practices and success stories. One of the presidents mentioned sponsoring a successful "Unhappy Hour" related to pay inequity; AAUW members served cookies with a bite out of them.

Fertilizing or mentoring was the fourth step. According to Geof Alred, author of *"The Mentoring Pocketbook,"* "mentoring is probably the most powerful developmental process people can experience. And when it works, it develops two for the price of one."

The fifth step involved planting perennials, action planning and maintaining the momentum. As state presidents, we identified action steps to implement.

The Conference of State Presidents exceeded my expectations. The facilitators were well organized and used effective interactive techniques. The supporting materials distributed will be useful.

That evening, the seven of us from Maine attended the welcome dinner: Lucy Stinson, Betsy Schmidt, Betty Fitzgerald, Debbie Schall, Charmen Goehring, Lindsey LaChance and I. Following the delicious meal, AAUW President Carolyn Garfein introduced the current national board members and candidates. The opening dinner closed with a touching moment when Carolyn Virostek's friends and relatives surprised her with an endowment named in her honor to support AAUW's campus programming; Carolyn chaired the national AAUW College/University Committee for four years. Charmen is a founding donor of this Campus Leadership Opportunities Fund.

Following the opening ceremony on Monday, June 10, I attended a workshop on designing effective meetings. AAUW staff members, Gudipati and Kraemer, guided us through a six-step process based on Jeffrey Cufaude's path to effective meetings: 1. Design meetings with the end in mind (determine learning outcomes). 2. Consider context before content (ask

questions about the audience and what they are bringing to the table). 3. Consider context by starting with a blank slate (organize and prioritize). 4. Focus on teaching, not just talking (use techniques that will enhance learning and retention). 5. Think magazine layout and engaging story when using slides/handouts. 6. Plan, plan, plan and prepare to be present.

During the noontime luncheon, a representative from Praxis announced a donation of \$105,000 to support the expansion of Tech Savvy, a program that educates girls and their parents about STEM careers. A panel discussion on equal pay marked the 50th anniversary of the Equal Pay Act. Lilly Ledbetter received a standing ovation for her efforts in making equal pay a reality in the future for women and girls; a film based on her book is being produced. New Orleans Field Director of the U.S. Equal Employment Opportunity Commission Keith Hill, AAUW Vice President of Government Relations Lisa Maatz and AAUW Director of Research Catherine Hill joined the panel. Hill stated, "If you don't know what your rights are, you have no rights."

Nebraska President Marilyn Bombac presented the last session I attended on Monday: "Connecting Our Generations." She began her presentation with a nine-minute video "Vision 20-20" (2010) on equality, the essence of humanity. Bombac then discussed life stages and transitions, which I will share in a separate article.

That evening, four of the Bath-Brunswick members and I dined at the Court of Two Sisters, which was named after two Creole sisters and the notions shop they owned. Nothing could separate the sisters, who died within two months of each other in 1944.

On Tuesday, Robin Gerber, historian and storyteller, illustrated leadership the Eleanor Roosevelt Way—an inspiring presentation! The first workshop I attended that day was titled "What Stories Are Under Your Bed?" This fascinating session provided tips and guidelines on archiving, which I shared with branch representatives at the AAUW of Maine Board meeting on August 10. National has hired Suzanne Gould as the AAUW archivist and records manager. With 800 boxes to sort, she and the AAUW Archives Task Force members are facing a challenge!

During a two-hour lunch period, five of us from Maine hailed a cab, which transported us to the French Market. We walked to Central Grocery and purchased muffulettas, sandwiches made with round Italian bread and filled with cold cuts, cheese and olive salad—yum! On our way back to the Sheraton, we frequently ducked into shops with air conditioning to escape the heat and humidity.

The last session I participated in on Tuesday was one of my favorites—"Recruitment, Retention, Engagement: Making the Most of College/University Relationships." The workshop convinced me of the importance of increasing the number of C/U partner members in Maine and involving students.

Christine Hernandez reported AAUW has 850 C/U partner members (an increase of 200 members) and 4,500 student members. The BIG changes in 2013 include \$125 dues for non-member colleges to join AAUW and \$175 dues for renewing C/Us. Students at member institutions benefit from FREE e-student affiliation membership (3,500 present e-student affiliates). Organizing student groups at member colleges in Maine is a proposed action plan for 2013 and 2014.

The **highlight** of the AAUW National Convention was meeting former Sen. Olympia Snowe. The seven of us from Maine joined her for a half hour prior to the VIP reception. Following dinner, Sen. Snowe received the Achievement Award. Approximately 642 attendees hung on every word during her eloquent acceptance speech. After the banquet, Sen. Snowe signed copies of her new book "*Fighting for Common Ground*" until midnight. Indeed, we were proud to be representing Maine!



On Wednesday, the last keynote speaker, Cynthia D'Amour, delivered a dynamic speech on "How to Get Beyond 'We've Always Done It That Way.'" She shared a three-step approach to lead members to change: 1. Unfreeze, 2. Move and 3. Refreeze. To unfreeze, she said to provide need awareness through data (graphs). To move to the ideal, D'Amour suggested communicating clearly, taking one step at a time and letting members know how to be successful. To refreeze, reflect on progress and celebrate!

The 2013 AAUW National Convention came to a close and board members met during the afternoon. AAUW members selected Patricia Fae Ho from Massachusetts as the next president and re-elected Charmen Goehring as one of the 10 directors. Congratulations, Charmen!



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Keep AAUW of Maine Connected in FY 2014!

AAUW of Maine needs your help. State dues have not been raised in many years, and the state budget for FY 2014 (July 1, 2013-June 30, 2014) continues to be truly bare bones. Donations to this development campaign help us continue AAUW of Maine partnering relationships with other state organizations that share our goals and provide financial assistance for AAUW of Maine Board members for travel to regional and national AAUW meetings that benefit all of us and **Keep AAUW of Maine Connected**.

In the past, AAUW of Maine has been viewed nationally as an important state because of its outstanding leadership, programs, and events. Recent activities include:

Ongoing partnering and networking with the Maine Women’s Lobby, the Maine Choice Coalition, and the Coalition for Maine Women. In FY2013, AAUW of Maine participated in Maine Women’s Day, the Roe v. Wade 40th anniversary celebration, Girls Day at the Statehouse, and a hearing and news conference on Maine’s early voting initiative.

Cosponsoring the 2012 U.S. Senatorial Candidates Forum at USM.

Supporting Maine NEW Leadership, a six-day leadership training program for undergraduate college women providing experiential training in many aspects of politics and policy making. All attendees have been invited to join AAUW.

Maintaining a long-standing Maine AAUW-Canada CFUW connection.

Important for FY2014: AAUW of Maine recently learned that its application for a regional field officer has been granted. In FY2014, Keep Maine Connected funds will also be used to support activities of AAUW of Maine officers and members as they work with the regional field organizer to help build and strengthen AAUW branches and AAUW of Maine participation in public policy activities.

Please consider sending a contribution—above and beyond the \$10.00 state dues that you have already paid—to help AAUW of Maine continue to stay connected.

Please make your check payable to “AAUW of Maine” and send it to:

Carolyn MacRae, Treasurer
17 Martin Avenue, Waterville, ME 04901

Check for: () \$10 () \$25 () \$50 () \$100 () Other _____

Name: _____ Branch: _____

Contributions will be acknowledged in future issues of the *Dawnbreaker* and at the AAUW of Maine annual convention this spring.

Deaths of AAUW Members

We offer our condolences to the families of AAUW members who have passed away this past year. The reported deaths are as follows:

Bath-Brunswick

- 1. Susan (Sue) Wallace Ranger

Mid-coast Maine

- 1. Lila Magie
- 2. Dorothy (Dot) Rankine
- 3. Margaret Shea

York County (inactive branch)

- 1. Elizabeth M. Morse (former member)

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Lindsey LaChance & Charmen Goehring at National Convention in New Orleans



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President’s Address at the AAUW of Maine Convention Encouraged Members to Lean In

President Betty-Jane Meader welcomed members to the AAUW of Maine Convention on Friday, April 26, 2013. Her address encouraged members to lean in and accept leadership positions. If you were unable to attend the convention that evening, her speech is as follows.

Welcome to the AAUW of Maine Convention! The theme of our conference, “You Can’t Keep a Good Woman Down,” is timely. Yet, lately we’ve heard a lot of hype related to Sheryl Sandberg’s book, “Lean In.” She’s the chief operating officer of Facebook.

After Sandberg delivered a talk entitled, "Why We Have Too Few Women Leaders," she decided to write a book. Her message is clear. "Women have stopped making progress at the top of corporate America."

In her book, Sandberg offers women advice such as "believe in your own abilities and reach for opportunities" and "make your partner a real partner." Tomorrow, we'll be listening to a panel of women leaders who will start a conversation, just like Sandberg's book has started conversations.

We also need to begin a discussion about leadership in AAUW. First of all, what do you believe makes an effective leader? According to Sandberg's book, "a sense of humor is the phrase most frequently used to describe the most effective leaders" (87). Do you have a sense of humor? If so, join the board and share it with us.

What do you believe motivates members to serve on boards? Sandberg indicated "motivation comes from working on things we care about." Do you care about the issues endorsed by AAUW? If so, volunteer to serve on the AAUW of Maine board.

"Motivation also comes from working with people we care about," said Sandberg. Several of us have continued to serve on the board because we like the people on the board. If you enjoy building relationships with interesting women with good ideas, consider serving on the board.

In conclusion, be a leader, lean in, and prove you can't keep a good woman down. AAUW of Maine needs YOU in order to move forward!

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President's Welcome at the AAUW of Maine Convention on Saturday Morning Reflected on Accomplishments

On Saturday, April 27, 2013, President Betty-Jane Meader welcomed members to the annual AAUW of Maine Convention. Board members held posters with the letters in the word WELCOME as she reflected on the accomplishments of AAUW of Maine. Her welcome speech is below.

Welcome to the annual AAUW of Maine Convention, a time to reflect on the past year and to celebrate our accomplishments!

The **W** stands for "We did it!" It takes more than one person to build a team. Together, we accomplished our objectives this year.

The **E** is for events. We collaborated with several organizations and participated in four events:
1. The U.S. Senate Candidates' Forum at USM. We co-sponsored the event by donating \$250 and setting up a table displaying AAUW materials and information.
2. Maine Women's Day at the State House, where we participated in an

AAUW tabling event and talked to legislators.
3. The 40th anniversary celebration of Roe v. Wade in the Hall of Flags, where we displayed AAUW information and offered prizes to those who correctly answered five questions about Roe v. Wade.
4. Girls' Day at the State House. Bets Brown assisted in registering 100 girls, and I served as an all-day mentor to 11 eighth-grade girls.

The **L** represents leadership. AAUW of Maine donated \$400 to Maine NEW Leadership, a six-day leadership program at the University of Maine. Several AAUW members attended the banquet featuring speaker Lilly Ledbetter.

The **C** stands for comparative analysis. Carolyn MacRae is in the process of developing an analysis of competing organizations to determine AAUW's strengths.

The **O** is for opportunities to visit branch meetings and share activities of AAUW of Maine. To date, I have attended meetings of four of the six active branches. (In June and July, I attended the last two branch meetings.)

The **M** represents memberships. AAUW belongs to three organizations: 1. The Coalition for Maine Women, 2. The Maine Choice Coalition, and 3. The Maine Women's Lobby. Bets Brown and I attended their monthly meetings.

The **E** stands for exposure of AAUW to young women leaders. We introduced AAUW to the graduates of Maine NEW Leadership. I sent a congratulatory email letter to them and encouraged them to join AAUW or to become e-student affiliates, if attending a member/partner institution.

As you can see, the success of AAUW of Maine depends on all of its members. Let's continue to move forward in 2013 and 2014!

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President Meader showed board members the Maine (ME) parasol she received at the AAUW Convention in New Orleans.



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Outstanding Branch Members

At the AAUW of Maine Convention, President Betty-Jane Meader announced the following 2013 Outstanding Branch Member Award recipients:

Betsy Schmidt, Bath-Brunswick

Mary Ayers, Caribou

Louise Storer, Hancock County

Mary Ellen Wilson, Mid-coast Maine

Marlene Charron, Penobscot Valley

Jennifer Strode, Waterville

Congratulations to all!

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AAUW National President Patricia Fae Ho and AAUW of Maine State President Betty-Jane Meader



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Why Preserve Archives?

By: Betty-Jane Meader

Based on the workshop on archives at the AAUW National Convention, archives should be preserved, because records tell stories. Are you overwhelmed and wondering where to start and what should be saved? If so, aim for historical significance. Save founding documents, newspaper clippings (photocopy using acid-free paper), audits and budgets, minutes, bylaws and revisions, publications, news/press releases, AV recordings, directories/membership lists, photos (use a pencil not a pen), artifacts/memorabilia, correspondence and email messages of significance, scrapbooks (store flat) and speeches.

What should you toss? Aim for informational value. Dispose of drafts/working copies; routine correspondence; duplicates; externally created publications; old forms, receipts and request

orders; notes, telephone messages and sticky notes; and state/national publications (with exception).

In preserving archives, use archival boxes, acid-free folders and plastic paper clips. Store in a dry location and draw the blinds. Locate a place (institution) and complete a deed of gift (grants ownership); once given to the institution, you can't ask for the archives back.

One of AAUW of Maine's 2013-2014 action plans is to review the status of our archives at the University of Maine Library. Historian Betsy Eggleston and I plan to examine our archives this fall. National has 800 boxes to sort! We're anxious to learn how many boxes AAUW of Maine has stored in Orono. Where are your branch archives located?

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Connecting Our Generations

By: Betty-Jane Meader

At the AAUW National Convention, I attended Marilyn Bombec's presentation entitled "Connecting Our Generations." We need to address meeting the needs of all generations.

Nebraska President Bombec began her presentation with a nine-minute video "Vision 20-20" (2012) on equality, the essence of humanity. She then discussed life stages and transitions.

Those in mature adulthood (60s+) dress for success, possess a sense of sisterhood, and desire to give back; however, they are perceived as being tough, non supportive of work/life balance, and not being team players.



Women in mid life (40s and 50s), known as Generation X, are diplomatic and assertive; yet, they have little interest in the other stages, are reluctant to lead change, and

believe they are smarter than their older sisters.

The early adulthood stage (20s and 30s) consists of women who are technologically savvy, who have a global view, and who enjoy mentoring/connecting with other women; however, they have no perseverance, are unable to handle criticism, are naive about gender barriers, and don't dress for success.

Bombec stressed the importance of respecting individual choices. She shared an African proverb with us: "If you wish to go quickly, go alone. If you wish to go far, go together." Lastly, Bombec referred to "*The Pink Bat*" by Michael McMillan, a book about turning problems into solutions.

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Facebook Anyone?

AAUW of Maine has a Facebook site, administrators Jean Lotz, Charmin Goehring, and Bets Brown. Please send contributions to Charmin (charminme@yahoo.com) or Bets (wilbro@fairpoint.net) for publication. Please visit the site and let everyone know you like it.

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AAUW Funds Report

By: Susan Landry

MAINE

KUDOS and HUGE GRATITUDE to all of our members and friends! AAUW of Maine has been recognized by the Association as the *fourth most generous state per capita* (up from ninth last year, which in itself we were justifiably pleased about) in giving to AAUW Funds. We can be very proud of ourselves . . . and at the same time this must be incentive for future giving: we must now work hard to maintain-- and if possible exceed-- this level!

The BASKET RAFFLE at our 2013 convention was another great success, with the \$655 proceeds slightly higher than the previous year's \$645; I like this upward trend, let's keep it going! These funds went to D.C. to be divided evenly between the Educational Opportunities and Legal Advocacy Funds.

OTHER CONTRIBUTIONS during the first half of this calendar year break down between funds as follows, including donations from both branches and individuals: \$1,120 to AAUW Funds; \$230 to Educational Opportunities; \$352 to Legal Advocacy; \$196 to Public Policy; and \$245 to Leadership Programs. That's a total of \$2,143 without the raffle, and \$2,798 including it. We've been setting the bar high these past few years, and it would be wonderful to continue. Perhaps we can move up a notch or two before the next national convention! As a side note, remember that you can view your donation history online by getting into the Member Services Database on the AAUW website: log in with your member number (or register first if you're a new user), and then click on "My Profile" to get to your giving history.

As we move into our PROGRAM YEAR, get the word out early amongst your branch members about putting together baskets for our 2014 convention. We've had a couple of

successful years now with our modified approach of doing 2-3 modestly-sized baskets per branch. Not only do we take in a bit more money, but also we have so many more happy winners this way! (And they don't break their backs hauling their loot to their vehicles.) So again, no matter what your branch strategy for putting them together, it's already time to begin planning your baskets for next spring!

WASHINGTON

THE ASSOCIATION REPORTS awarding for fiscal year 2013 more than \$4.3 million in fellowships and grants to more than 278 outstanding women in America and abroad. However, there were hundreds of outstanding applicants who did not receive awards due to funding constraints. The Educational Opportunities Fund is something all branches and states can proudly support in our effort to help women advance their education, which in turn of course helps all of society. AAUW has now added a lapel pin for this fund, so make your \$100 minimum donation now and be one of the first to get this stylish pin.

Consider a FILM SCREENING TO RAISE FUNDS. The AAUW St. Louis Metro (MO) Interbranch Council sponsored a fundraising and awareness event that other branches could use as a model. The *Invisible War Program in a Box* explains how to arrange a showing of the film, or you can e-mail Barb Butchart, co-chair of AAUW Ballwin-Chesterfield (MO) Branch's LAF Committee, at bbutchart@att.net for more information and suggestions. This is a very moving documentary— guaranteed to get your blood boiling!—and certainly the topic is hot, nationwide. This is a perfect fundraiser because it educates AAUW members and the community about the sexual assault problem in the military and shows how AAUW is working to make *all* workplaces safe. In the case of the Interbranch Council, the work and costs were shared amongst several branches and many members; the successful event pulled in just under 100 attendees and raised slightly more than \$2,000.

Locate FUNDRAISING RESOURCES on the new AAUW website at <http://www.aauw.org/resource/development-fundraising-resources/> Here you'll find resources such as the contribution report form, endowment establishment information, the funds diagram, a fellowships and grants fund directory, and fundraising ideas.

Go to <http://www.aauw.org/what-we-do/educational-funding-and-awards/> for information about GRANTS AND SCHOLARSHIPS, applications and due dates. Some programs with upcoming deadlines are as follows.

American Fellowships

November 15

American Fellowships support women scholars completing doctoral dissertations, conducting postdoctoral research, or finishing research for publication.

International Fellowships

December 1

International Fellowships are awarded for full-time study or

research to women who are not U.S. citizens or permanent residents. Fellowships support graduate or postgraduate studies at accredited institutions.

Career Development Grants December 15
Career Development Grants support women who hold a bachelor's degree and are preparing to advance or change careers or re-enter the work force. Primary consideration is given to women of color, and women pursuing their first advanced degree or credentials in nontraditional fields.

International Project Grants December 15
Intended for former AAUW International Fellows living and working in their home countries, the International Project Grants program supports community-based projects that benefit women and girls.

Selected Professions Fellowships January 10
Selected Professions Fellowships are awarded to women who intend to pursue a full-time course of study at accredited U.S. institutions during the fellowship year in one of the designated degree programs where women's participation traditionally has been low (see list at the site). Applicants must be U.S. citizens or permanent residents.

Community Action Grants January 15
Community Action Grants provide funds to individuals, AAUW branches, and AAUW state organizations as well as local community-based nonprofit organizations for innovative programs or non-degree research projects that promote education and equality for women and girls.

Susan Nolan Landry, AAUW Funds Liaison
email : susan.landry@umit.maine.edu
phone: 207/581-1509 Mon-Fri 9-4

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Charmen Goehring becomes Maine's second Legacy Circle member! Congratulations to Charmen!!



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State Directory Updates
By: Joan Sanzenbacher

As branches choose new officers for the 2013-14 year and plan their programs for the upcoming months, the state directory becomes out-of-date. Please help me keep the directory current by sending me information about your new officers. If there are no changes in officers, please send an e-mail message to me at jhsanzen@colby.edu and confirm the names and contact information I have are correct.

I also need a brief paragraph about the programs and activities planned by your branch for the year ahead. Please include the dates your branch holds meetings. Once the directory is updated, I will send an electronic copy to all state board members, branch presidents/liaisons and other members who want one.

Because Maine, New Hampshire and New York will be sharing a regional field officer beginning this fall, I am anxious to have the directory ready for this person. Please send me your information by September 1 or let me know when you will have it ready for me. Thank you in advance for your help.

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Achievement Citation Award
By: Kristin Sweeney

We will continue the successful new format for an Achievement Citation Award in 2014. Criteria are: a "young leader" who is 25-40 years old, someone who is eligible to join AAUW, and someone whose accomplishments are consistent with the AAUW mission and public policy positions.

The person who receives the award will be expected to speak at the annual convention. If you are aware in advance of any conflicts that the nominee might have with the weekend chosen for the annual convention (May 2-3, 2014), please save your nomination for another year.

Brief nominations will be solicited from branches, as well as other sources, as needed. Prior candidates must be renominated to be considered. Branches need only provide a name, age and why they think the candidate's accomplishments merit this award. The Achievement Citation Committee will do further research on each nominee.

Nominations may be submitted at any time (the earlier the better) to Kristin Sweeney at kgsweeney@gwi.net.

Nominations from branches will close on December 31, 2013, since more work will be required of committee members with this new model.

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Save the Date: Tuesday, October 1, 2013, Augusta

Maine Women's Lobby to host Maine Women's Summit on Economic Security, at the Augusta Civic Center. The day will be filled with stimulating discussions, interactive workshops, and engaging speakers discussing how to improve the economic security of Maine women, and by extension improve Maine's economy. The keynote speaker will be Madeleine Kunin, former governor of Vermont and author of The New Feminist Agenda. Sponsorship & advertising opportunities are available. To learn more contact Kathy at 207.622.0851 x25 or kkilraindelrio@mainewomen.org.

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Public Policy Report

By: Bets Brown, Public Policy Chair

Because I live near Augusta, I have been serving as Public Policy Chair for AAUW of Maine. It has been an educational and intriguing experience. Except for July and August, I meet monthly with the Maine Choice Coalition and the Coalition for Maine Women. I am often joined at these meetings by AAUW members Sharon Barker, Ruth Lockhart, and Betty-Jane Meader. These coalitions are particularly active during the legislative sessions when we work to refute the all-too-frequent challenges to women's reproductive choice, to support for single mothers, to healthcare for the poor, and much more.

The most exciting news since the last newsletter occurred over the summer (rather rapidly, at that). I learned that funding from the national AAUW office might be available for a part-time state organizer who could help the state with our many issues. Betty-Jane Meader and I completed the application in record time, despite travel on both our parts. We heard in August that Maine was selected to have an organizer, who will be shared with two other states. Betty-Jane will be the Maine contact, and the national office will do the hiring.

The state organizer will help fulfill three main goals.

1. To enhance public policy by engaging members in mission-related issues affecting women and girls in Maine, developing a lobbying program and relationships with policy makers, and strengthening cooperative relationships with organizations with similar missions.
2. To increase the number of college/university partners in Maine and organize AAUW student groups on college campuses.
3. To expand the visibility of AAUW throughout the state and strengthen existing branches. We need to plan and execute new approaches to enhance our visibility.

In addition to this good news, I have been active writing op-ed articles and letters-to-the-editor. In 2013, they have focused primarily on the Paycheck Fairness Act, Equal Pay Day, the Equal Pay Act, and reproductive choice. Our members have also been active in attending news conferences and testifying at hearings at the State House on early voting, reproductive rights, and Medicaid expansion.

Finally, I was pleased this spring to have the use of the national AAUW "two-minute activist" system, with the help of Deborah Swedlow, to help defeat three anti-choice bills facing the Maine Legislature. I cannot ever know who among you respond to my requests for you to contact your legislators, but I am grateful to those of you that do. This work for women's rights is very important and the challenges continue to need your voices.

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Maine AAUW Bylaws Report

By: Betsy Eggleston, Bylaws Chair

There are no bylaw changes from AAUW for 2013 as of this date for either the state or branches. The reason, there were no votes which would have mandated change at the 2013 National Convention.

The latest state bylaws are dated April 30, 2013 and each branch received this updated one at the summer board meeting on August 10, 2013. An electronic copy will also be sent to each branch in September.

The state and 3 branches are current with their branch bylaws. Thanks to all who are responsible for their work in updating their bylaws. Those branches who are not current have been sent, electronically, the branch's latest copy on file with the bylaws chair, as well as the list of the changes which need to be made to bring bylaws up to date.

The 2013-2014 goal for bylaws is to have all branches and the state to have current bylaws. If you need assistance, please contact me either by email – eggleston62@gmail.com or phone – 667-8518.

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Thanks to Keep AAUW of Maine Connected Contributors

By: Carolyn MacRae

For the past several years, AAUW of Maine has conducted a development campaign to supplement the state budget and provide some financial assistance for AAUW of Maine Board members for their travel to regional and national AAUW meetings that benefit all of us. The following members contributed to the Keep AAUW of Maine Connected campaign in FY2013 (July 1, 2012-June 30, 2013):

- Margaret Hodgkins, MAL, Life member and former state president
- Deborah Melvin, MAL (Houlton Branch former member)
- Deborah Cravey, Bath-Brunswick
- Charmen Goehring, Bath-Brunswick
- Lucy Stinson, Bath-Brunswick
- Kristin Sweeney, Bath-Brunswick
- Judy Dinmore, Mid-Coast
- Cynthia Dunlap, Penobscot Valley
- Susan Landry, Penobscot Valley
- Bets Brown, Waterville
- Carolyn MacRae, Waterville
- Betty-Jane Meader, Waterville

Thanks to all of you for your support of our state officers and activities. A total of \$717 was contributed during FY2013. These contributions have helped AAUW of Maine officers and members continue activities and accomplishments that benefit us all. They include ongoing partnering and networking with the Maine Women's Lobby, the Maine Women's Policy Center, the Maine Choice Coalition, and the Coalition of Maine Women; co-sponsorship of the 2012 U.S. Senatorial Candidates Forum at USM; support for the Maine NEW Leadership program; and maintenance of a long-standing Maine AAUW-Canada CFUW connection. AAUW of Maine appreciates your support.

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Ms. Lilly Ledbetter at the AAUW National Convention in New Orleans



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Branching Out: News from Our Branches

Bath-Brunswick Branch

By: Joanne Bollinger

Looking back to Spring 2013, our branch held its Annual Meeting in April. Betty Hartley came on the Board as Membership VP and Martha McBride as Treasurer. All other officers re-upped or are completing their terms this year. Our speaker, Dawn McAndrews, Artistic Director of the Theater at Monmouth, entertained with a fascinating look at Shakespeare's treatment of women.

We held our annual May Breakfast at the High Head Yacht Club with the Board maintaining its high standard of culinary excellence, providing a meal for more than 35 members.

Spring also brought sadness with the loss of treasured member, Sue Ranger, whose years of service to our branch,

her church and the wider community of Brunswick, will long be remembered.

Five members attended the National Convention in New Orleans: Betty Fitzgerald, Debbie Schall, Betsy Schmidt, Lucy Stinson and of course, Charmen Goehring, whose re-election as a Director on the National Board was celebrated. These members also enjoyed a private session with Sen. Olympia Snowe.

The coming fall activities include our Harvest Supper in September, with Lyn-Mikel Brown, Professor of Sociology at Colby, as our speaker. Shenna Bellows, the recipient of our AAUW 2013 State Achievement Award and Executive Director of Maine ACLU, presents in October when we also hold our fundraiser Bake Sale and Open House at Growstown School, the 1849 schoolhouse where we run our living history program. November's speaker is Anouar Majid, educating us on "Women in the Muslim World"; Majid is founding director of the Center for Global Humanities and vice president for global affairs at University of New England.

We wrap up 2013 with our other major fundraiser, the Greens Event, when we gather for a purely social evening of food, chat and carol-singing *and* bring our "green" contributions.

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Caribou Branch

By: Carol Pierson

The Caribou branch of AAUW is alive and well with thirteen paid members including one new member with the potential of a few more. We decided to meet only in the summer months, as those months are the most convenient for our members. A few of the outstanding programs we have enjoyed this summer include "Hunger and Poverty in Aroostook County" presented by Connie Sandstrom of Aroostook County Action Program, "Following the Drinking Gourd" held at the Francis Malcolm Science Center and facilitated by Larry Berz, and "Empowering Girls" presented by Natalie St. Pierre at Carol Pierson's home. We will be meeting in September for a pot luck dinner to share our ideas for next year's programs. Our summer programs were enthusiastically received. They were all delivered by passionate, knowledgeable individuals.

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Hancock County Branch

By: Betsy Eggleston

The Hancock County leadership team met in July to plan for the 2013-2014 programs and activities. This year we celebrate our 35th year as an AAUW branch.

We start our fall with our annual potluck meeting, new member meeting and social at a member's home in

September. For our October meeting, we have joined with BPW to sponsor a public talk entitled "Winning the Vote for Women 1910-1920". The speaker is Posie Cowan of Surry ME who discovered that her grandmother had been a suffragette. We have also invited the AAUW National Members who live in Hancock County to this event. November's meeting covers the topic of the International Student Program at George Stevens Academy in Blue Hill Maine. The holidays will be celebrated by our annual seasonal December potluck.

* * *

Mid-Coast Branch

By: Judy Dinmore

We enjoyed a lively June luncheon and welcomed one new member, Barbara Biscone. The branch awarded one-thousand dollar scholarships to graduating high school seniors in Lincoln, Knox, and Waldo counties. Our next meeting is scheduled for October 16, 2013.

* * *

Penobscot Valley Branch

By: Mary Cathcart

Our 62nd annual book sale, held April 6, 2013 and chaired by member Sharon Barker, was a great success, and we were able to fund our two scholarships for nontraditional women students and the Marge Erhardt Scholarship for an Orono High School graduate. Our annual meeting dinner in May was held at Wells Conference Center, UMaine, and we recognized Marlene Charron as our Outstanding Member.

Our Leadership Team met for lunch August 14 at Janice Osgood's home to plan programs for the coming year. Our first meeting will be held on Wednesday, September 11, at 7 pm, in Room 102 of the Margaret Chase Smith Center's building at the University of Maine. We are excited to have AAUW of Maine's Achievement Citation Award recipient, Shenna Bellows of Maine ACLU, as our guest speaker that evening.

Branch member Mary Cathcart joined the AAUW of Maine Board as C/U Representative, and she is excited to have the opportunity to work with our new Organizer (kudos to Bets Brown for this!) to encourage more Maine colleges and universities to become C/U members so their students can be e-student affiliates free of charge. Mary already has several Maine NEW Leadership alumnae who are interested in AAUW's programs for young women in college. Mary and Susan Landry attended the August 10 Board meeting at Carolyn MacRae's home in Waterville.

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Waterville Branch

By: Marilyn Leimbach

After a summer break, the Waterville Branch will start meeting in September. For the past several years, our September meeting has been a simple dinner meeting with various kinds of soups and breads. This format has been very popular and we will continue the tradition again this year.

September 18, 2013: Souper Supper, Marilyn Leimbach's home
PROGRAM: Ted Talks, Cathy Bevier and Joan Sanzenbacher, Organizers

TED is an acronym for Technology, Entertainment and Design. This nonprofit holds two conferences each year to "bring together the world's most fascinating thinkers and doers, who are challenged to give the talk of their lives (in 18 minutes or less)." These talks are later posted on the TED website for anyone to listen.

<http://www.ted.com/pages/about>

October 16 Kelly Mechling hosting
PROGRAM: Maryam Mermey "The Power of Inclusion: Transforming the Bullying Cycle Through Expressive Arts." Adjunct Professor, Thomas College

November 20 Joan Sanzenbacher hosting
PROGRAM: Pam Trinward, Women in the military

In December, we will hold our annual auction with the proceeds going to AAUW Funds.

Please join us for any or all of these meetings - The October through April meetings are held at the Colby College Schair-Swenson-Watson Alumni Center.

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AAUW of Maine Summer Board Meeting Attendees



Donna Sawyer (Waterville Branch), Carolyn MacRae (treasurer), Shirley Ayer (Caribou Branch), Joan Sanzenbacher (corresponding secretary), Betty-Jane Meader (State President), Kristin Sweeney (recording secretary), Susan Landry (AAUW funds) and Mary Cathcart (College/university relations representative)

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Maine Association of Family and Consumer Science

2013 Fall Meeting

“Embracing the Golden Years: Celebrating
The Process & Avoiding the Pitfalls”

Friday, October 25, 2013 4:00-8:00p.m.

University of Maine Extension Regional Learning Center
75 Clearwater Drive
Falmouth, Maine

PROGRAM

4:00 Registration

4:15 Welcome

4:20-5:20 **Senior Financial Safety: Protecting
America’s Elderly from Financial Exploitation and Abuse**
Leslie Linfield, CPFFE, Executive Director/Founder Institute
for Financial Literacy

5:20-6:15 Dinner and Raffle

6:15-7:45 **The Aging ‘Locomotion: You Can’t be Idle
on a Moving Train** (question and answer time included)
Dr. Marilyn Gugliucci, PhD, AGHEF, GSAF, AGSF
Professor and Director, Geriatrics Education &
Research, Department of Geriatric Medicine Univ. of New
England College of Osteopathic Medicine

7:45- 8:00 Wrap-up and Evaluation

Contact Hours: 3 hours
Please bring an item for the raffle.

REGISTRATION FORM - Return to:

Mary Trigge
39 Scotland Bridge Road
York, ME 03909

Name: _____

Address:

Telephone: _____

Email: _____

Member: _____ \$25.00

Nonmember: _____ \$40.00

Receipts will be returned at the meeting.

Registration Deadline: October 15, 2013

Please bring an item for the raffle.

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